

PSYCHOLOGICAL ASSESSMENT CURRICULUM

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Psychological Assessment Curriculum. Professor: Maite Garaigordobil

1. OBJECTIVES AND COMPETENCIES OF THE SUBJECT

1.1. OBJECTIVES

- To clarify various conceptual and methodological aspects of psychological assessment: concept, models, methodologies, instruments...
- To know a set of assessment instruments to explore various variables: intelligence, aptitudes, personality traits, psychopathology, socialization, environment...
- To acquire practical knowledge of the procedure for carrying out a psychological assessment, i.e., the interview technique, the process of application, correction, and interpretation of different types of assessment instruments, and the diagnostic integration of all the data, which will be reflected in the drafting of a report.

1.2. COMPETENCIES

Competencies associated with carrying out a psychological assessment of a person

- To identify the process, the phases, and the basic tasks for carrying out a psychological assessment.
- To plan and conduct an interview to collect data related to an assessment request.
- To analyze the data collected in a psychological interview, formulate diagnostic hypotheses in relation to the objective of the assessment, select variables to be measured.
- To measure variables (intelligence, cognitive processes, personality traits, psychopathological disorders, social behaviors, interactions, environment...) through the application, correction, and interpretation of tests and other techniques or tools of psychological assessment.
- To formulate a diagnosis following the criteria of the profession in the Diagnostic and Statistical Manual of Mental Disorders (DSM IV-TR)
- To prepare written reports of the psychological assessment carried out.

Competencies associated with the evaluation of programs and interventions

- To design an intervention or psychological treatment program.
- To select variables and measurement techniques to evaluate the effects of programs or interventions, designing the evaluation methodology.

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2. THEORETICAL PROGRAM: CONTENTS

Topic 1. Psychological assessment: concept, history and models.

Topic 2. The process of psychological assessment.

Topic 3. The psychological interview.

Topic 4. Techniques in psychological assessment: observational, self-reports, projective, objective, subjective.

Topic 5. The assessment of intelligence, aptitudes, and other cognitive processes.

Topic 6. The assessment of personality.

Topic 7. The assessment of psychopathology.

Topic 8. The assessment of interactions and the environment.

Topic 9. Communication of the results: The feedback interview and psychological report.

Topic 10. Evaluation of psychological intervention programs.

3. PRACTICAL PROGRAM

Self-applications: Self-applications of several instruments whose characteristics allow this procedure, in order to measure various variables such as intelligence, personality traits, psychopathological disorders...

Administration of Techniques: Interviews and evaluation tests to colleagues and other volunteers (directed assignments).

Case analysis: Analysis of clinical interviews and test protocols of practical cases.

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Observation practices: Evaluation activities based on observation through video: Interviews, application of tests...

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4. TEACHING METHODOLOGY

Theory: Subject manual and complementary theoretical lectures in the classroom.

Practice: Practical exercises with the materials included in the practice workbook.

Access to teaching materials: subject syllabus and transparencies: <http://moodle.ehu.es/moodle/> / enter user name and password of each student

5. SUBJECT MANUAL

Garaigordobil, M. (1998). *Psychological Assessment: Theoretical-methodological bases, current situation and future guidelines*. Salamanca: Amarú.

6. EVALUATION METHODOLOGY

Theoretical-Practical Exam: The assessment of the subject contains 50% a theoretical part and a practical part:

- a) Open theoretical questions related to the theoretical contents of the subject manual, the technical data sheets of the tests, and the contents developed in the classroom.
- b) Practical questions associated with the exercises carried out during the teaching hours of the subject with the assessment instruments that will be worked on during the course: analysis of interviews and formulation of diagnostic hypotheses, interpretation of the results obtained in different types of tests...

Directed Assignments (Individual and Group)

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7. PSYCHOLOGICAL ASSESSMENT MANUALS

Aiken, L.R. (1996). *Psychological tests and evaluation*. Mexico: Prentice-Hall Hispanoamericana.

Alonso Tapia J. (2004). *Psychological assessment: coordinates, processes, and guarantees*. Madrid: UAM Editions.

Anastasi, A., and Urbina, S. (1998). *Psychological tests*. Mexico: Prentice-Hall Hispanoamericana.

Buela-Casal, G., Caballo, V.E., and Sierra, J.C. (1996). *Manual of assessment in clinical and health psychology*. Madrid: Siglo XXI.

Buela-Casal, G., and Sierra, J.C. (1997). *Manual of Psychological Assessment: Fundamentals, techniques, and applications*. Madrid: Siglo XXI.

Caballo, V. (2005). *Manual for the clinical assessment of psychological disorders*. Madrid. Pirámide.

Caballo, V. (2006). *Manual for the clinical assessment of psychological disorders. Disorders of adulthood and psychological reports*. Madrid: Pirámide.

Cohen, R.J., and Swerdlik, M.E. (2001). *Tests and psychological assessment. Introduction to tests and measurement*. Mexico: McGrawHill.

- Cronbach, L.J. (1998). Fundamentals of psychological tests. Applications to organizations, education, and the clinic. Madrid: Biblioteca Nueva.
- Del Barrio, V. (2002). Psychological assessment in childhood and adolescence. Madrid: Universidad Nacional de Educación a Distancia.
- Del Barrio, V. (2003). Psychological assessment applied to different contexts. Madrid: UNED.
- Fernández-Ballesteros, R. (1994). Behavioral assessment today. An approach to change in clinical and health psychology. Madrid: Pirámide.
- Fernández-Ballesteros, R. (2004). Psychological assessment. Concepts, methods, and case studies. Madrid: Pirámide.
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- Gregory, R. J. (2001). Psychological assessment: history, principles, and applications. Madrid: Manual Moderno.
- Ibáñez, C. (1997). Psychological Assessment. Introductory lessons. Bilbao: Servicio Editorial de la Universidad del País Vasco.
- Kaplan, R.M., and Saccuzzo, D.P. (2006). Psychological Tests: Principles, Applications, and Issues. Madrid: Thompson.
- Martorell, M.C. (1988). Techniques of psychological assessment (V. I. II. III). Valencia: Promolibro.
- Martorell, M.C. (1992). Techniques of psychological assessment. IV. Valencia: Promolibro.
- Moreno, C. (2003). Psychological assessment. Concept, process and application in the areas of development and intelligence. Madrid: Sanz y Torres.
- Muñoz, M. (2003). Practical manual of clinical psychological assessment. Madrid: Síntesis.
- Silva, F. (1995). Psychological Assessment in children and adolescents. Madrid: Síntesis.
- Roa, A. (1995). Assessment in clinical and health psychology. Madrid: CEPE.
- Urbina, S. (2007). Keys to assessment with psychological tests. Madrid: TEA.